



Because of you, Marie's family has a brighter future

You Were There for Marie When Her Dreams of a Brighter Future Were Broken

Because of you, Marie's family has a roof over their heads

Marie was looking forward to a change. She and her three children moved to the Houston suburbs and she had a job lined up. But, as soon as she got here, the company announced layoffs, and Marie was not spared.

With no income, she didn't know how she'd be able to keep her family in their new apartment.

That's where you come into the story.

Because of you, Marie received rental assistance until she was able to find a new job as a part-time bus driver. You gave Marie breathing room, so her family didn't end up homeless.

"I didn't have to worry about my children and me being evicted"

Marie is a single mother and lived in Louisiana her whole life. A recent uptick in crime led to the family moving closer to the children's father in the Houston area. Losing the job was hard enough, but the moving costs made money even tighter.

Marie needed your help, and you were there. "It was easier to be good at my job and be fully present because I didn't have to worry about my children and me being evicted," Marie said.

You Helped Joanne Overcome Loneliness and Despair

Because of your support, Joanne is no longer sad and alone



The food and companionship you made possible at the Mamie George Community Center brought sunshine into Joanne's life.

Joanne was losing hope. As a senior, social isolation really took its toll on her during the height of the pandemic. She was desperate for change in her life.

Because of you, Joanne received food and fellowship at the Mamie George Community Center. Now she feels more optimistic about her future. She even received a laptop that helps her feel more connected with family and friends.

"Receiving these services changed my life," she said.

Because of your generosity, Joanne can enjoy a free hot lunch at Patti's Café where she visits with other seniors. She also gets groceries for the week from Trini's Market - a food pantry designed like a store - which is supported by your donations.

"Receiving these services changed my life"

Your generosity doesn't stop there. She now even attends fitness classes and participates in art projects at the center. All of these activities - made possible by you - promote an active, healthy lifestyle for seniors like Joanne.

Donors like you give Joanne - and so many seniors like her - connections that give them hope.

You Help the Poor During Lent and Throughout the Year



"Lent is a favorable season for opening the doors to all those in need and recognizing in them the face of Christ."
Pope Francis

Every day, too many of our neighbors – God's children, both young and old – suffer because they don't have food, housing, or lack the most basic necessities.

Praise be to God! You open your heart and open doors every day to help people in need through your gifts to Catholic Charities. Because you give, you lift up the least among us – during the Lenten season of sacrifice and throughout the year.

I thank you, on behalf of the thousands of families and individuals who are comforted and filled with hope as a result of your generosity. Your gifts reflect the words of our Holy Father, who urges us all to work together in Christ's love to end suffering.

Thanks to your generosity, Catholic Charities prevents hunger and homelessness for a family in need; comforts a lonely senior; guides an immigrant through the bewildering legal system; provides confidence and inspiration for a young parent; and helps many more people in need.

Thank you for your generosity and compassion, which allows us to continue this important work. God bless you for recognizing people in need as the face of our Lord.

In the peace of Christ,

Cynthia N. Colbert

Cynthia N. Colbert, MSW
President and CEO

Your Donations @ Work



Thanks to your support, Angela gained the confidence she needed to bring her first baby into the world.

You Changed this Scared and Alone Young Woman into a Confident Mom!

Your gift provided education and needed resources to a young mom

Angela was nervous when she found out she was going to be a mother. Not only was this her first baby, but she was preparing to do it alone. She had no idea how she'd afford to provide her daughter with everything she needed. There were so many unknowns. But thanks to your generosity, Angela has not been truly alone on this journey of motherhood. Far from it, in fact.

You provided Angela with prenatal education, parenting classes, and essential items for her baby - such as diapers, wipes, and formula through the Blessed Beginnings Life Center. In addition, she also participated in individual coaching sessions and a support group.

"I'm extremely thankful for all the help I received from Catholic Charities"

"I'm a single mother, and a first-time mother," Angela said. "It's helped a lot to come to the group sessions because I learn from the other moms."

Angela first learned about Blessed Beginnings from her doctor. Your generosity made it possible for her to learn how to be a better parent.

"I've gotten great advice from the program, and the curriculum in the classes has taught me things I was not aware of," Angela said.

Your generosity didn't end there. Thanks to you, Angela even received gifts for her baby's first Christmas. "I was very happy," Angela said. "I'm extremely thankful for all the help I've received from Catholic Charities."

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Learn more at: [CatholicCharities.org](https://www.CatholicCharities.org) 844-277-HOME

You Rescued a Family from Troubled Times

You filled five hungry little tummies and provided warmth in winter

Christmas looked bleak for the Martinez family. Alfred and Mary, their daughter and five grandchildren were all sleeping on the floor under thin blankets in a house with no heat and empty cupboards.

“We’re hungry,” said one of the children, who range in age from two to 11, shivering from the cold that descended during Christmas week.



We are grateful to Houston Rockets forward Jae'Sean Tate and you for supporting the Martinez family.

You made the holiday magical for the family. Thanks to your support, the family now has food and heat, and new beds from Gallery Furniture.

Your gift provided food for the family along with blankets and bedding so the kids could get a good night's sleep. Thanks to you, the family now also has heaters to warm their modest rental home. And you provided toys so the children could have presents to open on Christmas morning.

“No one has ever done anything like this for our family”

Because of your gift, the Martinez children won't go hungry again. They're able to receive food assistance through the food pantry at Mamie George Community Center. They're connected to other resources in the community as well.

With tears in her eyes, the daughter expressed her thanks: “No one has ever done anything like this for our family.” Thanks to you, the Martinez family – and others like them – can get the help they need.



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For as little as \$10 a month, you can help those suffering in the Greater Houston area.

BECOME A HERO AT



CatholicCharities.org/heroes



Mission Moment

Laura Skips Meals So Her Children Can Eat - You Can Help

For just \$27.93, you can feed a struggling family for a week

Laura and her children are hungry. It's not unusual for Laura to go without food so her children can have a meager meal. There is nonstop stress for Laura, who struggles to put food on the table every week. In greater Houston, families like Laura's are not uncommon - a hard-working single parent raising children on their own, with barely enough money to scrape by each month.

But you can make a difference today with a gift of just \$27.93. Let me explain.

With a gift of \$27.93, you can feed Laura and her children –two boys (age 8 and 10) and a four-year-old girl – for a week. With that week of groceries covered, Laura can catch up on other past due bills that have been haunting her.



Your gift will prevent this mother and her children from going hungry

You can help a single mother breathe a sigh of relief

Laura never imagined herself needing help. But as often happens, a car repair or medical expense completely throws off the finances of a family living paycheck to paycheck.

You can help Laura get the food and emergency financial assistance she needs to feed her family and avoid becoming homeless. Her kids will have healthy meals, and the family can relax around the dinner table and share time together without anxiety. With your help, next time, everyone will be able to eat!

You can make this possible with your gift of \$27.93. You will help feed Laura and her family and enable her to take the first step on a path to self-sufficiency. Please help Laura and single parents like her today.

YES, I WANT MY NEXT GIFT TO HELP A HUNGRY FAMILY

I know that there are people who are hungry right now and need my help. I'm ready to give them the food they need to live worry free. Please use my gift to help a hungry family and support all the work Catholic Charities does to help our struggling neighbors.

Please accept my tax-deductible gift in the amount of:

- ☐ \$27.93 to help a hungry family for a week
- ☐ \$55.86 to help two hungry families for a week
- ☐ \$83.79 to help three hungry families for a week
- ☐ \$_____ to help as many hungry families as possible

Mail this form to Catholic Charities, 2900 Louisiana St., Houston, Texas 77006

Want to put your gift to work immediately? Donate online at www.CatholicCharities.org/donate