



Because of you, Valaria received assistance in finding a job.

You helped Valaria find a job

Thanks to your efforts, Valaria was able to get back on her feet again.

Valaria is a diligent mother who works tirelessly to keep a roof overhead for herself and her six-year-old son.

Recently, Valaria was let go from her job of ten years due to her company downsizing. With no experience applying in today's workforce Valaria struggled finding a job, leaving her without pay for months, depleting her savings.

"It was frustrating for me not being able to provide for my son," Valaria said.

With a scarce job market and hope running out, Valaria felt defeated. Until you showed up.

"Times are hard, but Catholic Charities made things possible for me."

Thanks to your support, Valaria received one-on-one guidance and support from Catholic Charities employment placement specialists and was given job readiness training to help her transfer her current skills into talents that can be used in today's workforce. She now has a job lined up with a livable wage for her and her son.

"Catholic Charities really came through for me," Valaria said. "It's been months, but I finally have a job! Thanks to you guys!"

INSIDE THIS ISSUE

**You helped a mom recover
from sudden job loss.**

Your Donations @ Work

You gave Vince hope when he had lost it all

Because of you, Vince received the help he needed to push forward.

Vince is a 67-year-old retiree who lives a simple life by himself. With social security as his only income, he made just enough to keep a roof over his head and food on the table.

However, with rising costs in groceries and rent, Vince found it hard to make ends meet with his limited income. He crunched numbers, making tough decisions on which bills he'd be able to afford.

"So many things have changed. Common items like gas and food are getting too expensive for me to pay for," Vince said.

With a tight budget and rising prices, Vince found himself in a financial bind, until you helped make a way.

"The people who help me are so nice. I can't thank Catholic Charities enough."

Thanks to your help, Vince now gets food vouchers to the Galveston Beacon of Hope Isle Market for fresh groceries and rental assistance to help offset his rising housing costs.

"Programs like these are important, and I'm thankful for it. Every little bit counts. Without Catholic Charities, I don't know where I'd be right now."



Vince can now breathe easily thanks to your efforts.



Cynthia Nunes Colbert, MSW
President and CEO

Performing God's Work with Your Support

"Love begins at home, and it is not how much we do...but how much love we put in that action." – Mother Teresa

In honor of your continuing generosity, I reflect on this impactful quote from Mother Teresa. Your ongoing contributions embody the massive amount of love you put into action by supporting our cause.

The last twelve verses of James 2 remind us of how interconnected our faith in Christ is to our ability to help our neighbor. What good is our faith if not accompanied by good actions that embody the word of God?

There are so many who face gut-wrenching challenges in the Galveston-Houston area. Single mothers who struggle to feed their children. Large families at risk of homelessness. Seniors who can't afford their utilities.

Because of your actionable faith, we were able to provide for them all. And in these actions, we present our obedience to God.

In the peace of Christ,

Cynthia Nunes Colbert



You helped Esmerelda find herself again

Esmerelda got the mental health treatment she needed, thanks to you.

Esmerelda is a 50-year-old Salvadorian woman who recently divorced her husband of 45 years. Conflicted and feeling severely depressed, she attempted to navigate life as she usually does while managing this major change.

Usually upbeat and extroverted, Esmerelda slowly transitioned to a person that carried a constant sense of melancholy everywhere she went.

“After me and Hector divorced, I lost track of who I was. I had mood swings, avoided loved ones. I couldn’t afford a therapist. I didn’t know how to understand what I was feeling.”

Esmerelda was out of options until you gave her some.

“I felt defeated and alone. Then Catholic Charities came and gave me hope again.”

She was referred to the Counseling and Behavioral Health Clinic at Catholic Charities where she was provided research-based interventions by licensed counselors, helping her manage her symptoms and improve daily functioning.

Thanks to your help, these services are made affordable for low-income individuals like Esmerelda.

“I feel like I’ve found myself again. I don’t know what I’d do without Catholic Charities!”



You gave Esmerelda the ability to find peace within herself.

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DON'T TRADE IT, DONATE IT!

DONATE YOUR CAR AND HELP FAMILIES IN NEED

Your vehicle donation can make a difference.

Your generous gift of a vehicle donation helps Catholic Charities provide life-saving programs and services to help families live a life free of poverty. Make a difference in someone’s life today by donating a vehicle.

Donating your car is free and easy — we’ll pick it up!

We’ll arrange to pick up your vehicle whether it’s running or not, and complete all IRS and title documents for you. **At no cost to you!** Your vehicle donation is tax deductible to the full extent provided by law, and your gift will make a tremendous impact in the lives of the families we serve.



Mission Moment

Will you help an expectant mother achieve self-sufficiency?

For just \$38, you will help prepare a mother for the arrival of twins.

Willow is a mother of one, currently balancing college and work to provide a better life for her and her child. With little support from family or friends, long nights are common as she embraces extended work hours and extra studying time to meet her goals—all while caring for her young daughter.

Recently, Willow found out she was pregnant, and expecting twins. This news brought a significant wave of overwhelming feelings. Already struggling to manage life for her daughter and herself, she was fearful of the future of her education and her family's livelihood. She wondered if she'd be able to provide a stable life for her family... until you came along.

Today, you could make a difference in Willow's life with a gift of only \$38.

For just \$38, you can provide Willow and her children with diapers, wipes, and other essential items for a week.

You can provide needed supplies for a mother.

Willow had not expected to be a single mother of three. There are many other women like Willow who are working in dire circumstances to provide a good life for their children.

With your gift of \$38, you can provide necessary items for Willow to become self-sufficient. She will also receive specialized education to handle and care for all three of her children. Please help Willow so she doesn't have to go through this difficult journey alone!



Your gift can help Willow and her children.



YES, I WANT MY GIFT TO FEED A HUNGRY FAMILY

I know there are families who are hungry and need my help. It costs less than \$38 to feed them for a week. I'm ready to give them the food they need. Please use my gift to help a family experiencing hunger and support all the work Catholic Charities does to help our struggling neighbors.

Please accept my tax-deductible gift in the amount of:

- ☐ \$38 to feed one needy family for a week
- ☐ \$76 to feed two needy families for a week
- ☐ \$114 to feed four needy families for a week
- ☐ \$_____ to feed as many families as possible



Mail this form to Catholic Charities, 2900 Louisiana St., Houston, Texas 77006

Want to put your gift to work immediately? Donate securely online at www.CatholicCharities.org/donate