



Coffee & Friends
SR Wellness Library

9:00am – 10:00am



Fitness Center

9:00am – 4:00pm



Patty's Café
Gracious Gifts

11:00am – 2:00pm

MONDAY

1111 Collins Road
Richmond, Texas 77469

For more information:
281-202-6200

"People of Faith"
Helping People in Need"

TUESDAY


**MAMIE GEORGE
COMMUNITY CENTER**
Serving Fort Bend County

WEDNESDAY

THURSDAY

FRIDAY



Happy July
Birthdays!

Information

**Medicare Q & A
Info**

Sponsored by AAA
Ask Questions
about Medicare &
your benefits!

1

10A ARTreach
11:30A Open Art
12P Rosary (English)
12:30P Line Dance
1P Bible Study

2

9:30A Chair Yoga
10:30A Open Art
12P ARTreach
12:30P Rosary (Spanish)
1:00P Open Art
1:00P Bingo

3

CLOSED
*Happy
Independence Day!*



6

10A ARTreach
11A 4th of July
Fashion Show
11:30A Open Art
12:30P Line Dance

7

World Chocolate Day!
MEDICARE W/ KARINA
9:30A Chair Yoga
10:30A Crafts by Aline
10:30A **Willie Wonka Movie**
11:30A Open Art
1P Strength Training

8

10A ARTreach
11:30A Open Art
12P Rosary (English)
12:30P Line Dance
1P Bible Study

9

9:30A Chair Yoga
10:30A **Be Heart Healthy**
12P ARTreach
1P Open Art
1P Rosary (Spanish)

10

SENIOR BOX
10A Cards w/ Sandy
10A Sit N Be Fit
10:30A Open Art
1P Drum Fit

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Tech Talk Info
Learn NEW apps
& Become Tech
Savvy



10A ARTreach
11A Virtual Tai Chi
11:30A **Shell Art
(Art Room)**
12:30P Line Dance

14

9:30A Chair Yoga
10:30A Crafts by Aline
12P **Q&A w/ Genesis**
11:30A Open Art
1P Strength Training

15

National Hotdog Day!
10A ARTreach
10A **Tech Talk W/ Tara**
11:30A Open Art
12P Rosary (English)
12:30P Line Dance
1P Bible Study

16

9:30A Chair Yoga
10:30A Open Art
12P ARTreach
12:30P Rosary (Spanish)
1P Open Art
1P Bingo

17

10:30A Open Art
10:30A **Domino Tournament**
12P **Walking in Faith**
1P Drum Fit

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Fitness Class Info
(4) weeks of Strength
Training - Bring Your
Own Weights



10A ARTreach
11A Virtual Exercise
11:30A **Book Bouquet
(Art Room)**

21

9:30A Chair Yoga
11A **Tech Talk W/ Ale**
11:30A Open Art 99
1P Strength Training

22

Vanilla Ice Cream Day!
10A ARTreach
11:30A Open Art
12P Rosary (English)
12:30P Line Dance
1P Bible Study

23

9:30A Chair Yoga
10:30A Open Art
12P ARTreach
1:00P Open Art
1P Rosary (Spanish)
1P Bingo

24

FOOD FAIR
9:30A.M. – 12P.M.
10A Cards w/ Sandy
10A Sit and Be Fit
11A Open Art
11:30A **Game Day**
1P Drum Fit

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**Virtual Exercise
Info**
Join us for Virtual
Exercise brought to
us via YouTube



10A ARTreach
11A Virtual Tai Chi
11:30A **Presentation
"American Art of War"**
12:30P Line Dance

28

9:30A Chair Yoga
10:30A Crafts by Aline
11:30A Open Art
1P Strength Training

29

Lasagna Day!
10A ARTreach
11:30A Open Art
12P Rosary (English)
12:30P Line Dance
1P Bible Study

30

9:30A Chair Yoga
10:30A Open Art
12P ARTreach
12:30P Rosary (Spanish)
1P Open Art
1P Bingo

31

Intl. Friendship Day!
11A Open Art
12P **Confession**
12:30P **Catholic Mass**
1:30P Drum Fit

Happy July
birthdays!

