



Because of you, Deidre transformed her life for herself and her son.

You helped Deidre flee abuse and start again

Because of you, Deidre and her son feel safe

Deidre was tired. She fled with her son from an abusive relationship to a homeless shelter. Then, at the shelter, her roommate was angry and violent. She fled again.

Then – because of you – she found safety. Your generosity made it possible for Deidre, a veteran, to find a place in the Women Veterans Program. There, she found the support she needed and made a plan to turn her life around.

“I felt like a total failure,” Deidre said.

“You helped me to have confidence in myself and set me on a straight path.”

Deidre felt a great amount of guilt for the trauma she and her son were going through. More than anything, she wanted safety and security for her family. Because of you, Deidre was able to stay in a hotel while she sorted things out. You even provided food for Deidre and her son!

Your support gave Deidre the confidence to seek a job, and she soon found one. Recently, she and her son moved into their first house. You made all of this possible.

“I went from being homeless and jobless to building up my confidence,” Deidre said. “I’m forever grateful.”

INSIDE THIS ISSUE
You fed a hungry family
after Hurricane Beryl

Your Donations @ Work

You restocked the pantry for Johana and her son

Because of you, a family had food after Beryl

Johana and her adult son, who has special needs, lost all of the food in their fridge when Hurricane Beryl knocked out their power for six days. Living on one income, money was already tight and it got even tighter.



Because of you, Johana could replace the food that had spoiled in her fridge.

But you came to the rescue. Because of your generosity, Johana received food, water, and cleaning supplies to recover from the storm and start again.

“It’s a lot of help,” Johana said. “We don’t have the money to replace everything we’ve lost.”

Many in Houston lost power after Beryl tore through the region. For some, replacing the food they lost is simply an inconvenience. For families like Johana’s, losing food can be a significant financial setback.

“Before the hurricane, it was hard to afford food,” she said. “Now, it’s harder.”

Johana works tirelessly to provide for herself and her son. After the storm, you were a huge help to them. Thank you!



Cynthia N. Colbert, MSW
President and CEO

You helped thousands after Hurricane Beryl

“Feed the hungry, and help those in trouble.”

– Isaiah 58:10

We are called to help our neighbors in need. To feed the hungry is part of that calling, and after Hurricane Beryl ripped a path of destruction through the Greater Houston region, many lost food due to power outages.

For a family already struggling financially, losing a fridge of food can be devastating. But you stepped up, as you always do, and provided food, water, cleaning supplies, and financial assistance to thousands of families in need.

Because of you, families could breathe a sigh of relief and begin to pick up the pieces after Beryl. Thank you for feeding the hungry, and helping struggling families when they need it most.

In the peace of Christ,

Cynthia N. Colbert



You gave Tommy food – and joy

Because of you, Tommy has a home and can once again cook

Tommy was homeless for three years. Each night, he would try to sleep as the sounds of voices and vehicles buzzed around him. Finding food was as difficult as finding a good night’s sleep.

But now, thanks to you, Tommy is on a more hopeful path. He has his own apartment, and he’s starting fresh.

Tommy first encountered Catholic Charities’ Guadalupe Center and Food Pantry through its next-door neighbor, Martha’s Kitchen. But the first day he tried to go there for a meal, he was late. A staff member helped him anyway.

“She went inside and not only got me water, but also got me a plate of food,” Tommy said. “I didn’t expect that to happen, but she went above and beyond.”

Since then, Tommy has been slowly rebuilding his life. He’s not completely self-sufficient yet, so he still comes to the Guadalupe Center where, thanks to generous donors like you, he gets lots of nutritious food. But he does have his own apartment with a kitchen where he can cook, which is one of his greatest loves.

“I love to cook. Having the ability to do that again is very moving for me.”

Thank you for providing food – and hope – to people like Tommy.



Thanks to you, Tommy has food and a new apartment.

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HEROES OF HOPE

Be Her Hero!

For as little as \$10 a month, you can feed a hungry family for a month.

BECOME A HERO AT



CatholicCharities.org/heroes



Mission Moment

Sara doesn't feel safe anymore You can help

For just \$37, you can put a roof over Sara's head

Sara is worried. She carries the scars of trauma with her daily, and her recent job loss means she's on the verge of homelessness, again.

Sadly, situations like Sara's are all too common in greater Houston. A financial setback can quickly turn into missed payments, overdue bills, eviction papers, and even homelessness.

But it doesn't have to be this way. Let me explain.

For just \$37, you can provide a week of shelter for Sara. That stabilizing week will help her focus on her job search and avoid living on the street like she did for five months.

You can give safe shelter to someone in need.

Sara fled an abusive relationship a couple years ago and struggled to find stability. She was doing great until she lost her job. Now Sara needs a little help from you to avoid another bout of homelessness.

With just \$37, you can give Sara a safe place to live as she works to find a long-term solution.

Sara has worked hard to build a new life. With your help, a new and better life is still possible.



Your gift will give Sara a safe place to sleep.



YES, I WANT MY NEXT GIFT TO HELP A FAMILY IN NEED

I know there are individuals and families who lack housing and need my help. I'm ready to give them the shelter they need to be safe. Please use my gift to help an individual or family experiencing homelessness and support all the work Catholic Charities does to help our struggling neighbors.

Please accept my tax-deductible gift in the amount of:

- \$37 to house a family in need for one week
- \$74 to house a family in need for two weeks
- \$111 to house a family in need for three weeks
- \$_____ to help as many families as possible

Mail this form to Catholic Charities, 2900 Louisiana St., Houston, Texas 77006

Want to put your gift to work immediately? Donate securely online at www.CatholicCharities.org/donate